

Woden School Canteen Menu Term 4 2018

Food freshly prepared by the student canteen work team.

WEDNESDAYS

Recess only

Muffins/ slices/cakes	\$1.50
Biscuits	.50c
Mini sausage roll / Spinach feta roll	\$2.00
Vegetable hot chips	\$2.00
Bliss Balls	.50c
Mini quiche	\$1.50

Drinks - lunch and recess

Water 350mL	\$1.50
Juices - apple, orange	\$2.00
Flavoured milk – chocolate, strawberry	\$2.50
Dairy free fruit smoothies - made fresh	\$3.00

Lunch only

Sandwiches

Vegemite	\$3.00
Meat, Cheese, Salad	\$4.00

Wraps

Ham, Chicken, Cheese, Tomato, Salad (lettuce, Tomato, red onion, cucumber, Carrot) and mayonnaise Toasted	\$4.50 \$0.50
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Salad Box

Warm Roast pumpkin or beetroot Salad (lettuce, tomato, red onion, feta, dressing)	\$6.00
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Jumbo Spinach and Feta roll	\$4.00
Jumbo Sausage roll	\$4.00

Fruit salad	\$3.00
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*Gluten free, lactose free and vegetarian alternatives provided.
It is important that you indicate food allergies when ordering.*

How to Order



Orders must be placed in the bucket at the front office on Wednesday mornings. Clearly write on a paper bag: name, year, lunch order with amount included.

If purchasing a weekly special, please state your preference for meat or vegetarian option.

WEEKLY SPECIALS

\$6.00

Week 1 – Carbonara - Meat or mushroom

Week 2 – Canteen Closed

Week 3 – Stir fry noodles – chicken or tofu

Week 4 – Canteen Closed

Week 5 - Kebab wraps – chicken or falafel

Week 6 – Pizza – supreme or vegetarian

Week 7 – Burritos – mince or bean

Week 8 – Burgers – chicken schnitzel or veggie

Week 9 - Fried rice – meat or veg

Week 10 – Canteen Closed

